

Clara Helms



B.Mus (Perf) P.Cert TCL

Actor | Songwriter | Classical Pop Singer | Dancer | Speaker | Model
VALID DUAL PASSPORT (Australian & American)

www.clarahelms.com

Film, TV & Documentaries

Features:

- *'It Only Takes A Night'* (Elisha Patterson) - Callan Durlik & Josh Horneman
- *'Blacklight'* (Blaire Wright) - Mark Williams & Paul Currie
- *'Water Horse'* (Christine Roberson) - Jennifer Van Gessel
- *'Octopus Pot'* (Prada) - Eric James Gravalin / Mykel Shannon Jenkins
- *'The Reckoning'* (Featured Extra) - John V.Soto
- *'Foreshadow'* (Susie) - Carmelo Musca
- *'Demons'* Feature (Joanne Stevens) - Blake Prosser

Television:

- *'Total Control'* Series Season 2 (Executive Assistant to Prime Minister) - Wayne Blair
- *'Deadly Women'* Series Season 14 (Chelsea Watrous Cook - Lead) - Kate Englefield
- *'Deadly Women'* Series Season 14 (Hattie - Support) - Michele Konrad
- *'About a Hitman'* TV Pilot (Ann Marie -Lead) ~ Adriel Sudhakar/ Rodrigo Torres

Documentaries:

- *'Angels of the Battlefield'* (Featured Nurse) - Nick Bleszynski Susan Gordon

Reality TV:

- *Telethon* - Channel 7
- *WTV* - Interview
- *Today Tonight* - Channel 7 - 2x Interviews
- *Australia's Got Talent* - FINALIST - Channel 7

Short Films, Music Videos & Web Series

Shorts:

- *'Eloquent'* (Emily - Lead) - Jiten Mehta
- *'Bonded By Blue'* (Emily) - Michelle Rouady
- *'They Called Me Keith'* (Myra - Lead) - Eric James Gravalin
- *'Fraudulence'* (Lead) - Karan Bawa
- *'Eddyct'* (Emily -Lead) - Jiten Mehta & Benjamin Burton

- *'A Time When'* (Freyja -Lead) ~ AFTRS
- *'Thanatos Palace Hotel'* (Marguerite -Lead) - Gaby Gabriel
- *Trailblazer* (Birthday Girl) - Stand In Lab - Alex Brown
- *'After'* (Laura Mara -Lead)- AFTRS
- *'Homecoming'* (Daisy - Lead) - Hannah Sorrell
- *'Letter To Hunt'* (Jessie - Lead) - Wayne Davies & Tara Guerrini
- *'For Better or Worse'* (Joelene - Lead) - Jacob Kemp
- *'The Mailman'* (Juliette - Lead female) - Markus Hermansen
- *'Jackhammer'* (Susan) - Nathan Keane
- *'Rinse and Repeat'* (Anna - Lead) - Rachael Glasgow
- *'Popping the Cork'* (Magdalene - Lead) - Warra Spraggon

Music Videos:

- *'Wreck Me'* (Lead Actor) - Travis Collis / Jay Seeney
- *'Social Butterfly'* (Lead Actor) - Anthony Barbarich
- *'Beautiful'* (Lead Actor) - Nez Erok & Paul Komadina

Web Series:

- *'Ash Bec Lee'* Racing Web Series (Featured) - Michael Matthews

Presenter

- *Maternal Health Training Video* - Jeff Flood
- *APM Training* - TM Creates
- *McDonald Jones Homes* - Visual Domains
- *Luxury Real Estate Presentation Video* - Newport - Tom Haramis Production
- *Spine and Health "Migraine Device"* - 1 Minute Media
- *'Capture Sydney'* Richard Tauheluhelu - Kalki Productions
- *Luxury Real Estate Presentation Video* - Seaforth - Tom Haramis Production
- *Real Estate 'Home Movies'* - Cris Broadhurst

Voice Overs

- *Click Frenzy Travel* - Media Collective

Commercials

- *Click Frenzy Travel* (Hero Talent) - Media Collective
- *Instarem* (Hero Talent) - AdM8
- *Click Frenzy Travel* (Hero Talent) - Media Collective
- *Celebrity for Secta Bodyguard* (Hero) - Secta

- Ethical Ad* (Hero) -Siobhan Dampney
- Bridesmaid* - Wildebeest Films
- Makita* (Hero Talent) - Fred Harris - Filmotion Productions
- Luna Park* - James Schulz
- *Click Frenzy* (Lion Tamer) - Media Collective
- *Dream by Genie Bra* Infomercial - Daily Edition Ch 7 - Global Shop Direct
- Kitchen Line* - Global Shop Direct
- Dream by Genie Bra* Infomercial - Studio 10 Channel 10 - Global Shop Direct
- ‘*Star Kidz*’ Ad - Presenter/Model
- TVC Ad for Take Two Marketing and Events
- ‘*Manly Tourism (Hero)* ~ Plaurant Tresku Kalki Productions
- ‘*Holey Moley Mini Golf* (Hero)~ Alex Botton Paste Studios
- ‘*Piksters* (Hero) ~ Daniel Pront / Kelvin Content
- ‘*UNSW First Step Campaign*’ ~ Entropico Film Productions
- TAB* (Featured Snap Chat Girl) Royal Randwick Race Course- Mint Films
- TAB* (Featured ‘Selfie Girl’) Royal Randwick Race Course – Mint Films
- TAB* Footy Fan Challenge (Extra) ANZ Stadium – Mint Films
- *The Star Sydney* -The Eponine Company
- TVC - Take Two Marketing and Events
- *Interactive tablet device* (Lead) - Ross Metcalf
- ‘*Friends Restaurant*’ – Friends Restaurant
- ‘*Alliance Français*’ (Hero) - Warra Spraggon

Emcee MC

- 2 years
- Head Trainer - Communication Skills Seminar & Bootcamps
 - MC Host for BC Sands Trade Night - AMG Models

Theatre

- Melville Theatre - ‘Zastrozzi’ – *Julia*
- Camelot Theatre (Actors Workshop): ‘*The Princess Bride*’ (*Buttercup*), ‘*Eat the Cake*’ (Tinkerbell), Monty Python’s ‘*Life of Brian*’, ‘*A Midsummer Night’s Dream*’ (Lead Fairy).

Singing (For upcoming performances visit www.clarahelms.com)

Recordings:

- “*All By Myself*” Single Jorge Vivo & Thomas Spencer – Los Angeles
- “*My Love*” Debut Album - Secret Sound Studio – Melbourne
- “*Clara Helms - Debut EP*” -Perth <https://soundcloud.com/clara-helms>

National Anthems:

- Loyal Foundation Gala Hyatt Regency Sydney
- Ethnic Business Awards – Hilton
- Rugby World Cup - Perth - English National Anthem Performance
- WA Tourism Awards - Crown, Grand Ballroom - National Anthem
- Australian Wallabies vs Springboks Rugby – Grand Final - Patterson Stadium
- Australia Day Council Luncheon 2(Government House)
- SAL Short Course Swimming Championships
- Perth Wildcats 2 Grand Final
- Gloucester Park Trotting Grand Final
- Australia Day Council Luncheon 1 (Government House)
- WA of the Year Award (Government House)
- Perth Wildcats 1 - National Anthem

Concerts:

- Clara Helms Dinner Concert - Bluewater Grill
- IL DIVO* - 45min Support Act (Kings Park)
- ‘*Sweet Subtlety & Sexual Seduction*’ - Ellington Jazz Club -
- ‘*Night at the Opera*’ Dinner Concert - Friends Restaurant
- ‘*Gershwin & Porter*’ Concert - Mosmans Restaurant
- *Clara WOW Concert* - Roleystone/Kelmscott Fire Relief
- ‘*End of Financial Year Party*’ Concert
- ‘*A Romantic Getaway*’ Concert - Pre-Valentine’s Day Concert
- *QLD Floods Fund Raising Cocktail Party Concert* - Perth Rotary Club
- *QLD Floods Fund Raising Lunchtime Concert* - Perth Rotary Club
- Heal the World Charity Concert* - Heath Ledger Theatre - Main soloist
- The Santana Tribute Band Concert* - Guest Singer
- Mandurah Performing Arts Centre Concert* - Solo artist

Corporate (Lead Headline Entertainer):

- CBA Australian National Tour - Chinese New Year (Syd/Melb/Bris)
- The Hill Mayor Christmas Party
- Chopard Jewellery - Singapore
- AMMA Gala Dinner - Crown Melbourne
- Lower Bar Opening - Navarra Events
- Emerge Foundation Gala - Westin Hotel Sydney
- Atlantis inaugural Fashion Show, Xiamen CHINA
- Chinese New Year Sydney - Waterfront Venues Melbourne

- Chinese New Year Sydney - King Dynasty Sydney
- AU/Lebanese Chamber of Commerce - Doltone House
- Ethnic Business Awards - Hilton
- Madison Marcus Christmas Party Hyatt Regency
- Italian Opera Foundation Gala (Guest of Honour) - Doltone House
- Tony Abbott Gala Dinner - Doltone House
- Homart - Star City Events Centre
- International Overdose Awareness Event - Centennial Park
- Machiavelli Restaurant 30th Anniversary
- YPL Launch - The Venue Sydney
- 60th Anniversary Gala Bunbury Eisteddfod (Guest of Honour)
- Enervite AU - Luna Park Ballroom
- Anglicare Ball WA - Perth St Georges Cathedral
- Humpty Dumpty Foundation - Sponsors 'Thank You' Dinner
- Versace Pizza World Championship Award - Sydney
- Humpty Dumpty Foundation - Balmoral
- Colliere Real Estate VIP Corporate Dinner - MCA
- Sweet Life Book Launch - Grand Hyatt Melbourne
- St Vincent Hospital - Griffith NSW
 - Perth Rotary Club - Inauguration as Member & Roving Ambassador
- St Vincent Hospital Sydney - Mercedes Benz Rushcutter
- White Night Music Festival Melbourne
- Melbourne Concert Series
- One & Only Hayman Island Resort - New Years Eve
- David Beckham Christmas Lights Up - Marina Bay Sands, Singapore
- AICD Annual Gala - WA Museum
- Telethon Channel 7
- UDIA Awards Gala - PCEC
- SPASA Gala Dinner - Hyatt Ballroom
- Australian Medical Association Annual Gala - PCEC
- Australian Hospitality Association Annual Gala – Crown
- Damper Port Authority 25yr Anniversary Gala – Karratha
- FMG Fortesque – Frasers Convention, Kings Park
- PMH Bear By Night Ball – Government House Gardens - Opening Act
- Damper Port Authority 25yr Anniversary Perth Gala
- Executives Assistant Networking Annual Gala – Hyatt Grand Ballroom

- Rosendorff Christmas Party - Flagship Store Perth
- Sinclair Knight Merz Christmas Party - Hyatt Marquee
- Weld Club - Fathers, Sons & Daughters Dinner
- Italian Club Luncheon - Surprise performer
- Liberal Party Gala with Hon.John Howard -Grand Ballroom, Hyatt
- CCI Business Awards Gala -Sunset Room, Karratha
- Betty Tran 1st Year Anniversary Event - Brookfield Place
- Hon Tony Abbott Federal Election -Liberal Party Dinner – Crown
- Sandvik Mining - Corporate luncheon
- Italian Day - Belmont Racecourse
- Australia Day Council Luncheon (Government House)
- Gold Bar Gold Christmas Party
- Ronald McDonald Mercedes-Benz Ball - Crown - Opening Act
- Annual Italian Night Gloucester Park
- Taryvdas Fashion Friday - Parmilia Hilton
- Rottnest Lodge Leeuwin Estate Dinner
- Boobalicious Ball - Burswood
- Rugby Lunches WA with Sir Graham Henry -P.C.E.C. -Guest Performer
- Variety Ball W.A. (Royal Perth Yacht Club)
- Stanley Wilkinson Orthodontic Conference (Frasers State Reception Centre)
- Australia Day Council Luncheon (Government House)
- The Organ Donation & Transplant Foundation of WA (South Perth)
- ANZ Function (Health Ledger State Theatre)
- WA of the Year Award (Government House)
- Melanoma Ball (Perth Convention Centre)
- Heirisson Rotary Club Perth (Friends Restaurant)
- Mandurah Offshore Sailing Club Dinner & Season Opening
- Telethon - Sunday 16th October
- Divido Restaurant Largesse Dinner Leukaemia
- Channel 7's Australia's Got Talent – WA Finalist
- Mandurah Performing Arts Centre Dinner - Solo Guest Artist
- National Australia Bank - Singing Advertisement

Musicals & Operas:

- *'Nine' (Claudia Nardi – Lead)* Roleystone Theatre
- *'The Last Maharajah'* (Pol - Support lead) Hale School
- *'Dialogues of the Carmelites' (Sister Catherine)*
- *'6 Degrees of Collaboration'* (Chorus) Ellington

- *'Crucible' (Ann Putnam)*
- *'Trial by Jury' (Chorus) WAAPA*
- *Fremantle Arts Concert (Chorus) WAAPA*
- *A Midsummer Night's Dream (Specialist Chorus) WAAPA*
- *'The Happy Prince' (Chorus) - WAAPA*
- *'Carmen Jones' - Sydney Theatre Co. Mid-Summer Opera*
- *'Loves Lessons Learned' - Sydney Conservatory Mid-Summer Opera*
- *'The Audition' (Lead) Camelot Theatre, Actors Workshop*

Private Parties:

- Marilyn Monroe – 80th Birthday Entertainment
- Private Party Entertainment
- Private Party - Peppermint Grove
- Exclusive Private Birthday Party - Peppermint Grove
- Michelle's Wedding Ceremony - South Perth
- Alf Barbagallo's 70th Party

Cruise Ships Lead Diva of *'Encore'* Production:

- Sea Princess Luxury Ship - Auckland - Sydney
- Sea Princess Luxury Ship - Auckland - Brisbane
- Sea Princess Luxury Ship - Sydney- Auckland
- Sea Princess Luxury Ship - Brisbane - Fiji
- Sea Princess Luxury Ship - Brisbane - Rabual
- Sea Princess Luxury Ship - Brisbane Vanuatu Cairns

Cruise Ships *"The Voice of an Angel"* Solo Headline:

- Radiance of the Seas – New Zealand
- Azamara Journey – New Zealand
- Oceania Nautica - Japan - China
- Holland Noordam – New Zealand
- Crystal Symphony - PNG - Fiji
- Azamara Journey Luxury Ship - Penang - Bangkok
- Golden Princess Luxury Ship - Bali - Australia
- Diamond Princess Luxury Ship -Hong Kong - Bangkok
- Sea Princess Luxury Ship - Australia - Dubai
- Oceania Insignia Luxury Ship – Australia – New Zealand
- Sapphire Princess Luxury Ship - Hong Kong -Japan
- Oceania Marina Luxury Ship - French Polynesia
- Azamara Quest Luxury Ship - Japan-China

- Crystal Serenity Luxury Ship - Darwin - Bali
- Explorer of the Seas - New Zealand
- Azamara Quest Luxury Ship - Australia-New Zealand
- Voyager of the Seas Cruise Ship - Noumea - Sydney
- Diamond Princess Cruise Ship - Bali to Fremantle
- Celebrity Solstice Cruise Ship - Hawaii to Tahiti
- Dawn Princess Cruise Ship - Bangkok - Fremantle
- Rhapsody of the Seas Cruise Ship – Darwin - Benoa
- Voyager of the Seas Cruise Ship - Sydney New Zealand
- Radiance of the Seas Cruise Ship - New Zealand
- Celebrity Solstice Cruise Ship – Tahiti
- Diamond Princess Cruise Ship - Australia
- Rhapsody RCCS – Samoa

Modelling

Bridal:

- Two Birds Bridal - Ecevit Demir
- Nikon Bridal Shoot - Rocco Ancora - Fernhill Estate

Photographic:

- Lewis Road Butter - William Meppem
- Nikon & Digital Camera Warehouse - Halloween Shoot
- Lifestyle x 5 Shoots ~ Brett Atkins
- Nikon Camera Workshop 2
- Atlantis at M. Regina - Hangzhou, China
- Nikon Camera Workshop 1
- Lifestyle ~ James Tsatsaronis
- Atlantis Fashion Advertising for China
- Digital Camera Warehouse
- Jas Fashion (Hats) – Lucy Jas Fashion
- Unhinged Design - Centennial Park
- Odyssey Lean Food – Gzee Pix
- Jaguar Headquarter & William Inglis Hotel - Active Metal Staircase - Brendan Read
- Publicity shoot ‘Face of Tessarella House’ - Frank Farrugia
- ‘Publicity Shoot ‘About a Hitman’ (TV Pilot) ~ Adriel Sudhakar
- Street To Luxe Fashion Ecommerce Shoot
- Cover Girl & Inside Style - That’s Life Magazine
- Vogue Inspo Shoot - Old Clare Hotel ~ James Tsatsaronis

- Lifestyle x 3 Shoots – Edge at Vision Xtra
- Nikon Lighting Class Shoot - Rocco Ancora - La Porte Space
- Lifestyle QT Hotel ~ James Tsatsaronis
- News Corp - Brett Costello
- ‘The Pocket Chief’ - Jonathan Marshall / Max Markson
- Debut Album Photoshoot - Justin Griffiths. © Copyright Clara Helms
- Promo shoot - Dylan McEvoy, Kelvin Chong, Matt Lister, Richard Woode

Modelling Events:

- Chanel VIP Launch - Host Model - MEA
- Levendi Jewellery Modelling - Machiavelli Restaurant Melbourne Cup Luncheon
- Homart Catwalk Modelling - Star City Events Centre
- Face of JT Naturals photoshoot - Jocelyn Yang
- Featured Model Host for Fernz Skincare Event - ICC Sydney
- VIP Host - Own World relaunch
- Marca Gallery Skincare Model
- Dolce & Gabbana Ambassador Model - Myer Sydney CBD
- Model - CTF AU Charity Event (Anne Fontaine & Fairfax & Roberts) Sofitel
- Influencer at Natural Health Company event with Black Worrall Thompson
- Coopers Ale Ambassador ~ Kooindah Waters Golf Course
- Paco Rabanne Perfume Debut - Sydney Myer CBD
- World Polo Championship Model - WPC Sydney

Catwalk:

- YPL Launch (Lead) - The Venue Sydney
- Disaronno Vip Launch -MEA
- White Christmas Party
- YPL Launch (Lead) - The Venue Sydney
- Tarvydas Fashion Friday (Feature) - Parmilia Hilton
- Miss Universe - WA Finalist

Hand:

- Vegemite* (National Campaign –Hero Talent) - Prod. Camilla Carey
- BBE Production*. Director Simon Robins.

Fit Model:

- AJE - Fit Model

Influencer:

- Zuii, Coco Tribe, Luma Beauty, Flecks, Seedlip, Lilli Marcs, SpotOnUkes, That’s Vintage, Intuitive Whispers, Trampoline, The Fable, Mokosh, LaVie Intimates,*

Belief Beyond Bullies: Raising Awareness & Self-Empowerment

- 5 hour talk presentation: Narrogin Senior High School
- Founder & Ambassador of Belief Beyond Bullies: Launched

Radio

- DRIVE 100.9fm - Anthony Ward
- Rob McLennan 93.9FM
- 2CH interview with Gareth McCray
- Guest Host 'Crossover Radio International'
- Guest Host 'FAME Music Radio' (x2)
- World Radio 6EBA-FM 95.3 - Italian
- Live singing & Co-Host - 107.9 Fremantle Radio

Ballet

- 3x Weekly Classical Ballet
- Choreographic Festival - Choreographer
- Borovanski Syllabus: Intermediate (Honours), Advanced (Commended), Teacher (Honours),
- Cecchetti Syllabus - Elementary (Highly Commended)

Ballroom Dancing + Tango

- Argentine Tango & West Coast Swing - Professional Training
- Tango Salon - Level 1-4 (Honours)
- The Australian Dancing Society Ltd - Silver Latin (Highly Commended with Honours)
- Live Dance Centre - Bronze New Vogue, Modern and Latin (Honours)

Jazz Ballet

- Australian Teachers of Dancing Ltd. - Jazz Bronze Star (Highly Commended)

Other than Ballet, Jazz, Ballroom & Tango, also trained in tap, contemporary and character.

Piano

- AMEB Syllabus - Grade 2 (Credit)

Character work ~ Marilyn Monroe, *Felicity Shagwell, Elsa*

Language Training

- Beginners Mandarin Chinese - Sydney Language Solutions
- Intermediate Italian. Beginners French & German - The University of Western Australia
- Italian – Classico Intermedio - (Instituto Italiano - Florence)
- Italian – Classico Elementare 2 - (Instituto Italiano - Florence)
- Italian- Superintensivo Elementare 2 - (Instituto Italiano - Florence)
- Beginners Italian - The University of Western Australia

Education

- Speaking American Weekend Intensive - US Dialect Accent - TAFTA & Sandra Bell
- The University of Western Australia - Bachelor of Arts in Modern Languages; Italian, German & French
- WAAPA - Bachelor of Music Classical Singing Performance
- Neil Semer Private Tuition & 2 week Intensive Masterclass (Coesfeld Germany)
- Weekly Drama/theatre training
- The University of Western Australia - Italian and History of Western Music History
- Musical Theatre workshop (Stuart Maunder + Anne-Marie Mc Donald)
- Trinity College London - Certificate of Performance (Speech & Drama Award)
- Trinity College - Speech & Drama - Grade 8 Exam (Honours)
- Australian and New Zealand Cultural Arts Centre Grade 3 Singing - Credit
- Music Theatre Workshop-WAAPA & Black Swan Theatre
- Summer School Dance - WAAPA
- Terpsichore Dance Centre - Full time Dance
- English Speaking Board - Grade 7 (Credit)
- A.M.E.B. - Speech & Drama - Grade 1 (High Distinction)
- Gecko Bytes Theatre Workshops